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Going Virtual

The Jean and Bill Booziotis Lecture Series finds online success after holding a first-ever live, virtual broadcast with Stanford's Dr. Laura Carstensen. The spring promises to bring a similar venue...

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Dear Friends,

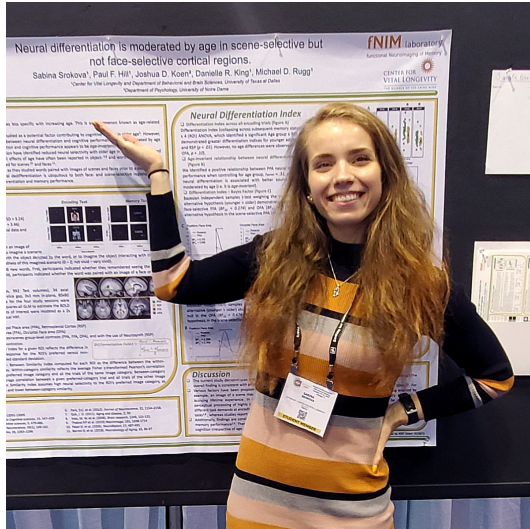
As the year comes to a close, I think I can safely say that it has been nothing like we expected. But despite the challenges of the past nine months, I end the year with a strong sense of gratitude. Gratitude for your support and generosity, for the tremendous scientific progress my colleagues in the CVL have made under such trying circumstances, and for the University's unrelenting commitment to protecting our students, faculty, and staff. I



wish you a safe and happy holiday season.

Dr. Michael Rugg
Director, Center for Vital Longevity

PEOPLE



Slovakia → CVL

She might have grown up 5,000 miles away from Dallas, but this cognition and neuroscience doctoral student is now blazing research trails in Texas.

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RESEARCH



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Q&A with Home Health Companions CEO

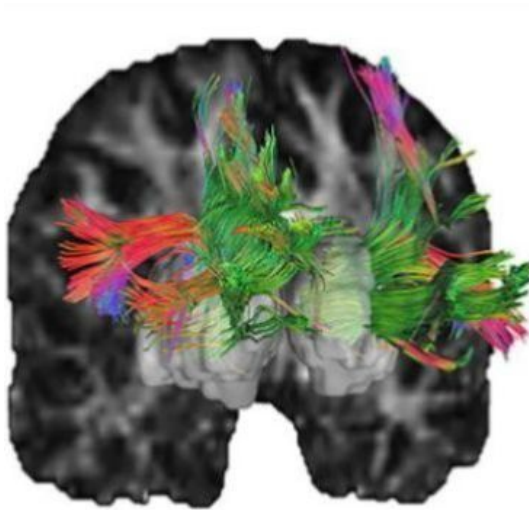
Lisa Shardon discusses caring for aging minds amidst COVID-19, and



why research is more vital than ever now...

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RESEARCH



Study Explores How Changes in Healthy Brain Structure Affect Cognition

Researchers used diffusion tensor imaging, which indicates the directionality of water diffusion in the brain, to examine how white matter connections lose integrity

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You make us successful!

As the year draws to a close and we look towards new beginnings, we hope you will include the Center for Vital Longevity in your end-of-year giving. Your support and generosity make the CVL's vital research possible!

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